Peer Run Recovery Community Center

Life Connections Peer Recovery Services

Efforts have created the first after hour peer run recovery center in Iowa. Life Connections Peer Recovery Services a not-for-profit 501 (c) (3) organization is perfectly positioned to take on the challenge of bringing other after hour peer run recovery centers to life, but funding is needed.

But what is a after hour recovery center?: Peer-run recovery centers, also known as Recovery Community Centers (RCCs), are supported by evidence as beneficial for individuals in recovery from substance use disorders (SUDs). These centers, operated by people in recovery, provide non-medical recovery support, connect individuals with community resources, and foster social support networks, all of which are associated with improved recovery outcomes. After hour recovery centers are non-clinical in nature, and everyone employed there is also someone who has experienced psychiatric diagnosis, addiction, hospitalization and a variety of other challenges that have interrupted their lives. They use wisdom gained from their life experience, enhanced by formal training, to support others to navigate similar challenges while minimizing disruption to their life.

> …the most helpful for me and my stay at Rhonda's House was the Wellness Recovery Action Plan for isolation during Covid-19, I think this brings new perspectives for me in relationships."

Peer recovery centers are a cost saving venture. Typical costs for inpatient care can exceed $1200.00 per day. On the other hand, cost of a peer recovery center is approximately $263.00 per day. That amounts to a potential savings of over $937 per 24-hour period, and possibly thousands over the course of a week.

Even more importantly, peer recovery centers changes lives. Both formal and informal research completed at existing peer recovery centers across the country have told us that recovery centers not only saves money, but can help people break out of cycles of repeat hospitalizations, avoid or reduce the need for other costly interventions, and support people to have fuller lives.

> I heard about Life Connections Peer Recovery Services from my outreach coordinator. It was a very nice atmosphere and I can say it was a memorable experience. The staff was real genuine people. I enjoyed the peace and calmness it brings coming here. I hope to maintain my recovery one day at a time.
> -D. Randolph

Research has found that individuals who used recovery centers, supports were 70% less likely to return to the hospital or use other emergency services. Recipient's have reported that this service not being there would only drive them to isolation, more hospitalization, and/or suicide.

Life Connections Peer Recovery Services has committed and fought to bring recovery centers to Iowa. They already have extensive experience facilitating an after hour recovery center that will ultimately serve as a support . The organization has a two suite building where the recovery center is serving the entire state of Iowa by virtual support. The recovery center will operate on an annual budget of approximately $243,602.00 It is be based in Clinton and is serving the state of Iowa. It has already made an impact to the lives of hundreds of people each year. Watch our video here: https://www.youtube.com/watch?v=r6BE6oi7uEo&t=1s

https://lifeconnectionsrecovery.org/